"Mind and Soul is a terrific resource to help Christians and Churches support people who suffer from mental health issues. People are often stigmatised who suffer in this way, and I totally endorse their passionate desire to help people see that faith in Christ can help heal and strengthen people in their time of need"

> Mark Russell Chief Executive **Church Army**

Where is Faith in Mental Health?

PREMIER MIND & SOUL CONFERENCE

In conjunction with: The Heart of England **Christian Resources Exhibition**

Conference Overview

Premier Mind and Soul is a Christian Response to Mental Health. We aim to work at the interface of the Mental Health Services and the Christian Community; raising the awareness of the mental health needs of Christians to the Church and at the same time the spiritual needs of the individuals attending the Mental Health Services to the Mental Health Professionals.

This Conference is designed to give an understanding of some of the key subjects that impact the mental and emotional well-being of individuals, and an examination of how we can respond by recognising both the person's mental health and spiritual needs. Our speakers have a breadth of experience and represent the statutory, voluntary, Church and academic sectors. We have the privilege of partnering the Christian Resources Exhibition at Telford in organising this event; this is following two very successful years of Mind and Soul Zones at the Christian Resources Exhibition at Sandown Park in Surrey.

Date: Friday 22nd Oct 2010

Location: **The International Centre** Saint Quentin Gate, Telford **Shropshire TF3 4JH**



"A much needed conference tackling issues we so often sweep under the carpet. **Mark Rylands Bishop of Shrewsbury**

"Mind and Soul is impressive... it helps link Christians together - to pray and support each other as well as pointing them towards useful resources. It builds on many vears of Christian experience. I'm sure it will become established as an essential resource for churches and church leaders as well as for the wider Christian community."

Dr Chris Williams Past President of the British Association for Behavioural and Cognitive Psychotherapies.













Speaker Biographies



Jonathan Clark has been an Approved Social Worker and Church Minister. He currently runs Premier Life, including the telephone and email support service -Premier Lifeline. He is a Director of Mind and Soul.



Revd Will Van Der Hart is Vicar of St Peter's Church, West Harrow. He has a passion to see people set free from emotional and mental health problems and churches that are equipped to do this. He is a Director of Mind and Soul.



Dr Rob Waller is a Consultant Psychiatrist working for NHS Lothian and is also trained in Cognitive Behavioural Therapy. He is excited about churches and the NHS working together in creative ways. He is a Director of Mind and Soul.



Dr Dawn Edge is a Research Fellow at the University of Manchester, Non-Executive Director of a Mental Health Trust and member of The New Testament Church of God. Dr Edge's research focuses on addressing inequalities in mental healthcare.



Louise Morse is Communications Manager with the Pilgrims' Friend Society, a Cognitive Behavioural Therapist and author of three books on dementia.



Catrina Crout is Programme Director of Mercy Ministries UK. A gifted leader and speaker, she is passionate about equipping others to walk in wholeness and freedom.



Hári Sewell is National Equality Lead, National Mental Health Development Unit. An independent consultant and former Executive Director of Health and Social Care in the NHS. Hári holds two honorary appointments as Senior Visiting Fellow.



Greta Randle is Chief Executive for the Association of Christian Counsellors. She is passionate about people receiving support from other Christians. Her background is nursing and social work.



Kate Middleton is a Psychologist working in a Hertfordshire Church, speaker and author. She was also Director of Anorexia & Bulimia Care until 2008. Her passion is applying psychology to real life, enabling people to reach their full potential.



Dr Chris Williams is Professor of Psychosocial Psychiatry at Glasgow University and leads/researches projects that provide written, computer and class based mental health interventions.



Steve Motyer is Theology & Counselling Course Leader and Lecturer in New Testament and Hermeneutics at London School of Theology. He combines being an Anglican 'Rev' with eldership at a local Free Evangelical Church.

Mind & Soul Conference - Telford

0915	Registration		
1000	Welcome – Stephen Briars, CRE		
1010	Message from Rob Waller Commendation – Bishop of Shrewsbury – Mark Rylands		
1020	Keynote 1 - "If we claim to be without emotion" – Kate Middleton		
1100	Keynote 2 - 5 Things to do in a Pastoral Crisis – Will Van Der Hart		
1140	Q&A		
1150	Break – Move to Parallel Sessions		
1200 Parallel Session 1			
	A. Spirituality and Mental Health – Hari Sewell		
	B. Eating Disorders – Catrina Crout		
	C. Christian Counselling – Steve Motyer		
1250	Lunch – Bring a packed lunch or buy one on site		
1350	Parallel Session 2		
	A. Self Harm – Jonathan Clark		
	B. Dementia – Louise Morse		
	C. Integrating Faith and Mental Healthcare – Dawn Edge		
1440	Break – Return to Conference Hall		
1450	Keynote 3 – Living Life to the Full With God – Chris Williams		
1530	Q&A		
1540	Keynote 4 – The Challenge of Forgiveness – Greta Randle		
1630	Q&A		
1640	Closing Remarks		
1645	Christian Resources Exhibition – open until 1800		
1800	Close		

Who should attend?

Mental Health Professionals, Christian Ministers, Church Leaders, Pastoral Workers, Christian Counsellors, Mental Health Service Users and Carers, and those interested in Christianity and Mental Health.

What will I learn from the Event?

A choice of Parallel Sessions giving the opportunity to receive teaching and information on your key areas of interest.

Bookings

Four ways to obtain your Mind & Soul Conference ticket

- 1. IN ADVANCE ONLINE visit www.creonline.co.uk/mindandsoul
- 2. IN ADVANCE BY POST complete the booking form and send with payment (cheques should be made payable to Show Data Systems) by 20 October to: Christian Resources Exhibitions, FREEPOST RSGX-BUJS-XLES, Show Data Systems Ltd, Howbery Park, Wallingford, OX10 8FD
- **3. IN ADVANCE BY PHONE** call 0800 651 0014 (Mon-Fri 9am 5.30pm) Please note there will be a charge of £2.00 per transaction
- 4. ON THE DOOR at the Conference.

Ticket Prices

IN ADVANCE: £20.00 including VAT per delegate **ON THE DOOR:** £24.00 including VAT per delegate

Upon booking a ticket for the Mind & Soul Conference you will automatically be sent a complimentary badge for the Heart of England Christian Resources Exhibition (21 – 23 October) valid for all 3 days.

The Venue

The International Centre, Saint Quentin Gate, Telford, Shropshire TF3 4JH

PLEASE NOTE there is a parking charge of $\pounds4.00$ per vehicle per day.

Booking Form

Payment	Detail	S
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Delegate/Booking Contact	Please complete form below to order your entrance ticket in advance
Title: (Rev/Dr/Mr/Mrs/Miss/other)	When booking for more than one person please complete separate form
	for each person (you may photocopy this booking form)
First Name:	Please send me one entrance ticket at £20.00 VAT inclusive
Surname:	How to pay
Organisation:	BY CHEQUE:
Role:	I enclose my cheque for £ payable to Show Data Systems
Address:	BY CREDIT CARD:
Town:	Please debit my Credit/Debit card the sum of £ Visa MasterCard Amex Maestro Solo
unty: Money will be deducted in the name of Show Data System	
Postcode:	Card Number:
Tel Day:*	
Tel Eve/Weekends:*	Expiry Date: Switch/Maestro Cards Only
Email:*	Valid From: Issue No:
	Security Code: Last 3 digits on the signature strip of your card
Mobility or other special requirements:	Signature: Date:
	Date.
	Terms & Conditions: All bookings are non-refundable, due to unforeseen circumstances the programme as advertised may be subject to change. Mind and Soul and Premier Christian Radio holds names and
*Only complete if you are happy to be contacted in this way.	addresses on computer for the purpose of keeping its supporters up to date with its ministry and other issues of Christian concern. If you do not wish to receive further mailings, please tick the box.

Please confirm which sessions from each of the parallel sessions you would like to attend:

1200 Parallel Session 1

- A. Spirituality and Mental Health No of delegates_____
- B. Eating Disorders
- C. Christian Counselling
- No of delegates_____

1350 Parallel Session 2

- A. Self Harm
- B. Dementia
- C. Integrating Faith and Mental Healthcare

No of delegates_____

No of delegates____

No of delegates____

Please send completed form(s) with payment to Mind & Soul Conference, c/o FREEPOST RSGX-BUJS-XLES, Show Data Systems Ltd, Howbery Park, Wallingford, OX10 8FD



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